

13th

**ANNUAL
SCIENTIFIC
CONFERENCE**

LAKE NAIVASHA RESORT



KENYA PSYCHIATRIC ASSOCIATION

THEME

**SUICIDE
PREVENTION**

PROGRAM

9TH - 11TH SEPTEMBER 2021

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KENYA PSYCHIATRIC ASSOCIATION

THURSDAY 9TH SEPTEMBER 2021

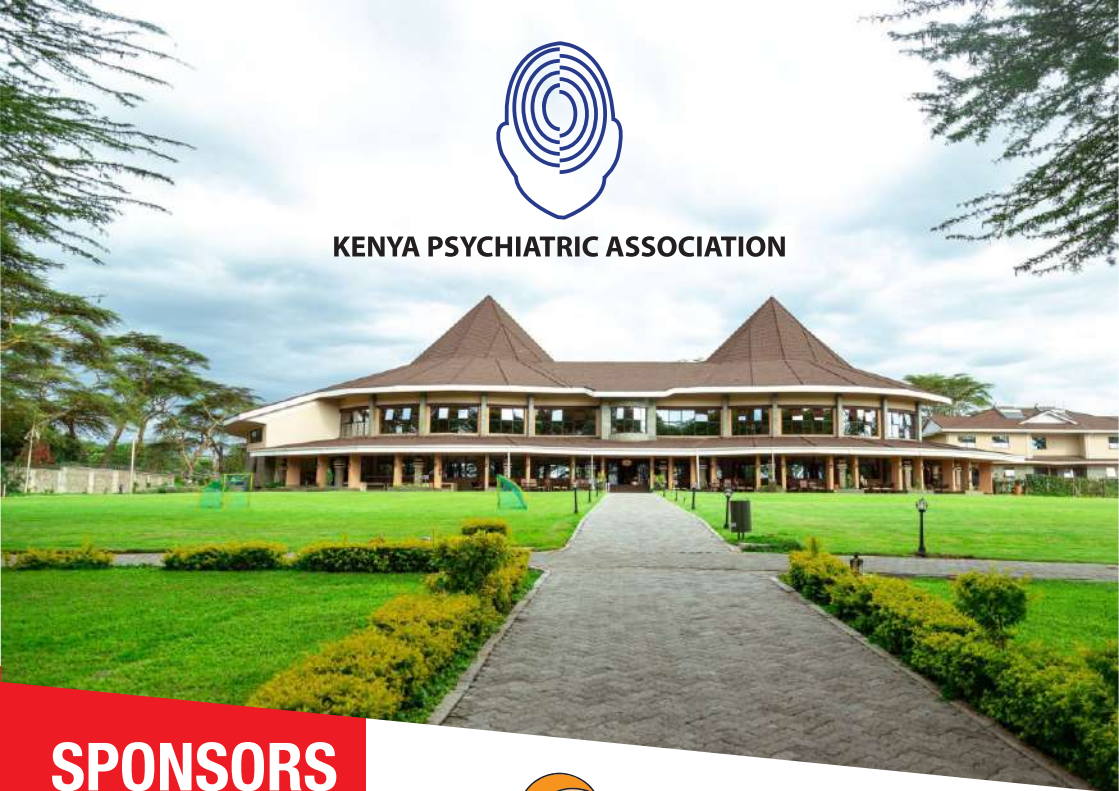
8:00 AM – 8.30 AM	Arrival and Registration	
8:30 AM – 8.45 AM	Opening Remarks	KPA PRESIDENT
SESSION 1	ACCESS TO TREATMENT	CHAIR: Dr. Kwobah Edith
8:45AM – 9:15 AM	KEYNOTE ADDRESS 1 Challenges and opportunities for mental health in Kenya	Dr Frank Njenga
9.15AM- 9.35AM	A descriptive study of the evolving sociodemographic characteristics of psychiatrists in Kenya	Dr. Pius KigAMwa.
9.35AM – 9.55AM	Community structures in preventing suicide among vulnerable populations; an experience report focusing on post conflict populations in Lakwana Sub County, Omoro District	Grace Obalim
9.55AM. 10 .15	Suicidality among patients attending primary health care and outpatient clinics in Kisumu	Dr. Linnet Ongeri
10.15 AM – 10.45 AM	Q/A	Session Chair
10:45 AM– 11.15 AM	TEA BREAK	EXHIBITION AREA
Session 2	Gender and suicide	Session Chair, Dr. Victoria Wamukhoma
11.15 AM – 11:45 AM	KEYNOTE ADDRESS 3	Rachel Shebesh
11:45 AM – 12.05 PM	Depression and Intimate Partner Violence (IPV) in Mothers 6 weeks to 12 months post-delivery in a Rural Setting in Kenya	Prof. David M. Ndetei
12.05PM – 12: 25PM	Sharing personal experience on child birth and post-partum depression	Stella Waruinge
12:25 PM – 12:45 PM	Q/A	Session
12.45PM - 1.45PM	Lunch break	ALL
SESSION 3	MEDIA AND REPORTING	CHAIRMAN: Dr. Linda Nyamute
1:45 PM – 2.05 PM	Reporting on suicide	Danish Odongo
2.05 PM – 2.:25 PM	Suicide reporting in the Kenyan media: a look at what should be, what is, and recommendations.	Dr. Sarah Wawa.
2.25P.M – 2.45 PM	Incidence and factors associated with probable and confirmed suicide within a surveillance platform in Western Kenya	Dr. Linnet Ongeri.
2:45 PM – 3.30 PM	Q & A	SESSION CHAIR
3.30 PM – 4:00 PM	TEA BREAK And Networking	All
4.00 PM - 6.30 PM	KPA AGM	Dr David Wairoto

FRIDAY 10TH SEPTEMBER

SESSION 4.	POLICY AND LEGISTRATION	CHAIRMAN: Dr. Florence Jaguga
8.30 AM - 9.30 AM	KEYNOTE ADDRESS 1 Kenya Suicide strategy	Dr. Simon Njuguna
9: 30 AM – 10:30 AM	Role of legislators in suicide prevention	Sen. Sylvia Kasanga
10:30AM – 10:45AM	Q and A	Session chair
10:45 – 11:15AM	TEA BREAK	All
11:15 AM - 11: 45AM	Suicide prevention Action plan for Kisumu County	Auma Sarah Atieno
11. 45AM – 12:15 PM	Decriminalizing suicide in Kenya	Prof. Lukoye Atwoli
12.15 - 12.45PM	Panel Discussions	ALL
12:45 – 1:45PM	Lunch break	ALL
SESSION 5	Youth And suicide	CHAIR: Dr. Judy Kamau
2:00 PM – 2:30 PM	Youth and suicidal ideation	Shazma Mukri. Aldo Olunya
2:30 PM – 2:50 PM	Measuring the Prevalence of Mental Disorders in Adolescents in Kenya: A study Protocol for the National Adolescent Mental Health Survey	Yohannes Wado
2:50 P.M – 3:10 PM	Prevalence and precipitating factors of stress, depression and anxiety among medical students at Maseno university, Kenya.	Sarah Atieno.
3:10 PM – 3:30 PM	Prevalence of suicidal ideation among school going adolescents post covid-19 lockdown (1st phase) era in Kampala.	Awori Erina Mercy
3:30 PM – 4:00 PM	Q&A	SESSION CHAIR
4:00 PM – 4:30 PM	Introduction of sponsors and Lundbeck presentation	All SPONSORS
4:30 PM - 5:00 PM	TEA & NETWORKING	
6:00 PM – 8 :00 PM	GALA DINNER	Dr . Silvia Kemunto
SATURDAY 11th 2021		
SESSION 6	RISK FACTORS FOR SUICIDE	CHAIR: Dr Linnet Onger
8:45 AM – 9:10 AM	Epilepsy and suicide	Dr. Margaret Makanyengo
9:10 AM – 9:30 AM	Prevalence and factors associated with insomnia among older persons attending the medical outpatient clinics of Mulago Hospital Uganda	Dr. Betti Juma Luwende
9:30 AM – 9. 50 AM	PROBLEMATIC INTERNET USE, DEPRESSION, ANXIETY AND STRESS AMONG UNIVERSITY OF NAIROBI STUDENTS.	Sylvia Mita
9.50AM- 10. 10	Quality of sleep and burnout among medical students	Dr. Linda Nyamute
10. 10 – 10.30	Personal Experience	Alison
10:300AM – 10:50 AM	Q & A	SESSION CHAIR
10:50 AM - 11:15 AM	TEA BREAK	
11:15 AM – 11:45 AM	Rapporteur's Summary	President KPA
11:45 AM – 12:30 PM	Delegates Feedback and Conference resolutions	
12:30 AM – 1:30 PM	LUNCH	ALL
1:30 PM	DEPARTURE	ALL



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SPONSORS

