



KENYA
PSYCHIATRIC
ASSOCIATION

16th

ANNUAL SCIENTIFIC
CONFERENCE

THEME:

EVIDENCE BASED APPROACHES
TO SUBSTANCE RELATED AND
ADDICTIVE DISORDERS

PROGRAM

SAROVA WHITESANDS BEACH
RESORT & SPA MOMBASA
11TH - 13TH SEP 2024

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KENYA PSYCHIATRIC
ASSOCIATION

Day 1. Wednesday 11th September 2024

8.30 – 9.00 a.m	EAYPTA PRE CONFERENCE Arrival and registration of KPA Conference delegates	Chiromo Hospital Group Secretariat
9.00 - 9.10 a.m	Opening Remarks	Dr Priscilla Makau President: EAYPTA
9.10 - 9.25 a.m	From a Registrar to a County Psychiatrist	Dr Janbibi Yusuf Mohammed Psychiatrist, Mombasa County
9.25 -9.40 a.m	From a Registrar to an international platform	Dr Muthoni Muthiga Psychiatrist, Nairobi County
9.40 - 10.00 a.m	Meeting etiquette	Dr Rebecca Kaguru, Head of Department: Development Linkages & Collaborations, Senior Lecturer KSG, Mombasa
10.00 - 10.15 a.m	Q&A	All
10.15 - 10.45 a.m	Health break	All
11.00 - 11.15 a.m	The Future of Psychiatry and Artificial Intelligence	Prof Lukoye Atwoli Professor and Dean AKU Assoc Dir, BMI
11.15 - 11.30 a.m	Q&A	All
11.30 - 11.50 a.m	Leadership Insights	Dr Mercy Karanja Director: Division of Mental Health, MoH
11.50 - 12.20 a.m	Keynote address From a Trainee in Addis to the Executive Director, Butabika National Teaching & Referral Hospital (BNTRMH) & President African Association of Psychiatrists and Allied Professions (AAPAP)	Dr Juliet Nakku Executive Director: BNTRMH, Uganda


12.20 - 12.35 p.m	Leadership Journey	Dr Frank Njenga Chairman: Chiromo Hospital Group
12.35 - 12.50 p.m	Q&A	
12.50 - 12.55 p.m	Vote of Thanks	Dr Stacy Njani
12.55 - 1.00 p.m	Photo Session All participants	All
1.00 - 2.00 p.m	Lunch	All
Session 1 Official Conference Opening Moderator: Dr. Mercy Karanja/ Dr. Boniface Chitayi		
8.30 - 2.00 p.m	Arrival and registration of KPA Conference delegates	Secretariat
2.00 -2.30 p.m	Welcome Remarks by KPA President	Dr. Boniface Chitayi
2.30 – 3.00 p.m	1. President - African Association of Psychiatrists 2. CECM- Gender Kilifi County 3. Chairman – Chiromo Hospital Group	Juliet Nakku Dr. Ruth Masha Dr. Frank Njenga
3.00 - 3.20 p.m	KEYNOTE ADDRESS Effective SUD Strategies & Policies for a Healthier World	Rev. Dr. Stephen Mairori Chairman of the Board NACADA
3.20 - 3.50 p.m	The Inaugural Edith Kwobah Memorial Lecture	Prof. Lukoye Atwoli
3.50 - 4.10 p.m	National survey on the status of drugs & substance uses in Kenya- NACADA 2022	Yvonne A. Olando
4.10 - 4.40 p.m	Panel Discussion	All Speakers
4.40 - 5.40 p.m	EAYPTA AGM	Dr Claire Kwagala Secretary General EAYPTA
End of Day 1		

Day 2**Session 2: Legal and policy interventions for addiction management**
Moderator: Dr. Mary Njuguna

8.00 - 8.20 a.m	Arrival and Registration/ Icebreaker	Secretariat
8.20 - 8.40 a.m	Scaling up and implementing sustainability models for community group-based substance use interventions.	Emmanuel Oloo
8.40 - 9.00 a.m	Patient cost and willingness to pay for methadone maintenance treatment in Nairobi, Kenya: a case of Mathari medically assisted therapy clinic	Tina Masai
9.00 - 9.20 a.m	A Decade of Leadership in Medically Assisted Therapy (MAT): Retrospective Analysis of a Pioneering Clinic in East Africa.	Dr. Jackline Ochieng
9.20 - 9.40 a.m	Expanding Access to Medically-Assisted Therapy (MAT) in Tanzanian Prison Settings: A Comprehensive Analysis of Implementation Strategies, Coverage, Effect and Future Prospects	Deogratius Julius Ramale
9.40 - 10.10 a.m	Guest Speaker 1 Clinical Care Protocols for Substance Use Disorders: Gaps and Challenges	Dr. Simon Njuguna
10.10 - 10.40 a.m	Panel Discussion	All Presenters
10.40 - 11.00 a.m	Health Break	All
11.00 - 11.20 a.m	Group Photo	Dr. Linda Nyamute

Session 3: Determinants of Substance Use and Addictive Disorders
Dr. Caroline Vundi

11.20 - 11.40 a.m	Substance Use and Its Correlates Among Healthcare Workers in A Teaching and Referral Hospital in South Western Kenya: A Cross-Sectional Study	Daniel Muvengei
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11.40 - 12.00 a.m	Sex and love addictions - let's talk about it	Dr. Neil Horn
12.00 - 12.20 p.m	Guest Speaker 2 Mental Health & Substance Use: The International Standards for Treatment of Drug Use Disorders	Dr. Simon Njuguna
12.20 - 12.50 p.m	Panel Discussion	All Presenters
12.50 - 2.00 p.m	Lunch	All
Session 4: Addiction in special populations		
2.00 - 2.20 p.m	Ice breaker and Mental Health Moment	Dr. Catherine Wanjiku
2.20 - 2.40 p.m	Prevalence and factors associated with substance use among HIV positive youth attending HIV care and treatment centers in Dodoma, Tanzania	Zahra Morawej
2.40 - 3.00 p.m	Mitigating COVID-19 risks: Short term Methadone supply for Medically Assisted Therapy (MAT) Clients in Prison.	Phyllis Nyambeki Simba
3.00 - 5.00 p.m	 KPA AGM	KPA Secretary: Dr. David Wairoto
End of Day 2		

Day 3**Session 5. Emerging trends in addiction: New psychoactive substances and process addiction - Dr. Milcah Olando**

8:30 –9:00 a.m	GUEST SPEAKER 3 The Social Economic Burden of SUD in Kenya	Dr. Julius Ogato CEO MTNRH
9:00 –9:20 a.m	A case on gambling addiction in a young Adolescent	Angeline Tenge
Session 6: Management of addictive disorders and the role of technology and innovations.		
9:20 – 9:40 a.m	Substance Use Disorders, Mental and Medical Comorbidities in a Private Mental Health Facility in Eldoret, Kenya.	Joyce Njogu
9.40 – 10.00 a.m	Assessing Urine Drug Screening in Monitoring Medically Assisted Therapy clients at Mathari National Teaching and Referral Hospital	Wilson Muchiri Githinji
10.00 – 10.30 a.m	Tea Break and Networking	
10.30 – 11.00 a.m	Behavioral Addiction – Best Practices in Addiction Management	Prof. Dan Stein
11.00 - 11.20 a.m	Pregnancy Outcomes of Female Clients at Mathari National Teaching & Referral Hospital Medically Assisted Therapy (MAT)	Anne Mburu
11.20 - 11.50 a.m	Panel Discussion	All Presenters
11.50 - 12.20 p.m	Pharma Presentation Moderator: Dr. David Wairoto	Sun Pharmaceuticals
12.20 – 1.00 p.m	Summary of the conference	Dr. Lawrence Nderi/ Rapporteurs
1:00 – 2:30 p.m	LUNCH	All

2:30 – 3:30 p.m	Way forward	KPA President
	Closing remarks	
3:30 – 4:00 p.m	End of Conference	All
	A case on gambling addiction in a young Adolescent	
4:00 – 5:00 p.m	KPA NEC Meeting	NEC Members
	AAP AGM	AAP President
6.00 - 10.00 p.m	GALA DINNER Moderator: Dr. Linda Nyamute	